

September 2017

Good News!



One in six young people are practicing Christians, new research suggests many convert after visiting church buildings.

More than 1 in 5 (21%) between the ages of 11 and 18 describe themselves as active followers of Jesus, and 13% say they are practicing Christians who attend church.

Around 13% of teenagers said that they decided to become a Christian after a visit to a church or cathedral.

The influence of a church building was more significant than attending a youth group, going to a wedding, or speaking to other Christians about their faith.

The study, commissioned by Christian youth organisation, Hope Revolution Partnership, suggested that levels of Christianity were much higher among young people than previously thought.

www.anglicannews.org

Are you involved in youth ministries? Then check out: Church of Ireland Youth Department



Church of Ireland Youth Department acts as the Churches governing body for all matters relating to work with young people (aged 13 – 25 years) across the Church. As an all-Ireland organisation, CIYD relates not only to the Church of Ireland but Irish and Northern Irish government departments and agencies.

The Youth Department offers a range of services, programmes and resource aimed to equip, empower and engage young people and adult youth leaders with the right skills, knowledge and understanding that allows progressive youth ministry to occur.

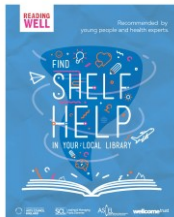
www.ciyd.org

Mothers' Union: A Community of Faith

www.mothersunion.org



Watch our film which is a message of our faith which unites us into one movement. Through this faith and our relationship with the Church over 500,000 lives each year are transformed.



‘Reading Well for young people’ provides quality assured information and advice to help young people understand and manage their mental health. The scheme provides emotional resilience and aims to reduce stigma around mental health issues. **‘Reading Well Shelf Help’** for young people has been developed by The Reading Agency, the Society of Chief Librarians and the Association of Senior Children's and Education Librarians.

www.reading-well.org.uk/shelfhelp



A man born before 6 April 1951 or a woman born before 6 April 1953

A man born on or after 6 April 1951 or a woman born on or after 6 April 1953

Find out more about how these changes will affect you.

www.nidirect.gov.uk/information-and-services/state-pension/new-state-pension



Did you know 1 in 3 teenagers in NI have sent or received an indecent image on their mobile phone?

OR

90% of our young people feel under pressure to have sex?

LOVEFORLIFE is an independent Christian charity, based in NI, working to equip young people with the knowledge, skills and values necessary to make good choices when it comes to relationships and sex. For more information on school and youth group programmes, go to

www.loveforlife.org.uk

Are you a teacher or youth worker?
Action Mental Health & Nexus NI are delivering free workshops available to 18-25 year olds and their key contacts on mental health awareness and resilience across NI

For further information contact the Northern Area Mental Health Initiative

T: 028 9442 5356

E: northernareamhi@amh.org.uk

www.northernareamhi.org.uk



Mothers' Union All-Ireland

16 DAYS OF ACTIVISM AGAINST GENDER VIOLENCE

Visit www.mothersunion.ie for details of your local vigil.

CHILDREN'S RIGHTS ALLIANCE

CRA identify the most pressing needs of Irish children today, examine Irish law, identify gaps where children's rights are not being upheld and call for change. We also target specific areas for reform with long term projects which aim to have broad, long-lasting impact for specific groups.

Current areas of focus include:

Early Years (Ages birth – 6yrs; **Child Refugees**; Children's Access to Justice Law Reform; **Policy Reform**.

www.childrensrights.ie

CiNI

Children **in** Northern Ireland

Children in Northern Ireland (CiNI) is the regional umbrella organisation for the children's sector in Northern Ireland.

CiNI provides training eg. cyber safety training for parents, policy, information, and participation support services to member organisations, relating to their work with children and young people. For further information and to sign up for CiNI e-Newsletter go to

www.ci-ni.org.uk



Depression is a common condition that affects up to 10% of teenagers at any one time. Learn more about Aware's positive mental health education programmes for young people

Beat the Blues is a free programme brought to secondary schools throughout Ireland by Aware. Request the programme for your school today.

www.aware.ie/services/beat-the-blues



October is Breast Cancer Awareness Month, a worldwide annual campaign to highlight the importance of breast awareness, education and research.

Breast Cancer Care is celebrating the 25th anniversary of the pink ribbon, a powerful symbol for millions of people affected by the disease.

Find out what you can do:

www.cancer.ie

www.breastcancerireland.com

www.prettynpink.org

www.breastcancercare.org.uk

Useful Contact Details:

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Southern Dioceses Social Policy contact: Vacant - Contact Jacqui Armstrong
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Why buy Fairtrade vanilla?

In Madagascar vanilla farming organisations representing over 12,000 Fairtrade farmers have worked hard to improve their livelihoods and invest in their community.

From the start they've made tackling child labour a focus.

The extra income from Fairtrade has gone into day care centres, more teachers and even a sewing project for girls age 14 -17.

www.fairtrade.org.uk



Alcohol Awareness Week 13th- 19th November 2017

Alcohol consumption in Ireland has dropped slightly. Still, research shows that in 2013, 75% of alcohol was consumed as part of binge drinking session

****1 in 4 deaths in young men aged 15 to 39 is due to alcohol compared to 1 in 12 due to cancer**

****Women account for a quarter of all alcohol related discharges from hospital!**

www.drugsandalcohol.ie

www.drugsandalcoholni.info

www.drinkaware.ie

www.nhs.co.uk/change4life



Walking is the easiest way to get moving, get active and get happy. Get out there and enjoy the beautiful colours of Autumn. Walks for all abilities and ages can be enjoyed throughout Ireland.

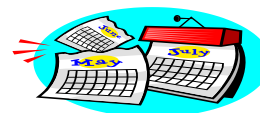
www.getirelandwalking.ie

www.discovernorthernireland.com

www.walkni.com

Start walking today - it's a first step to feeling good.

Useful Dates for your Diary



8th September: International Literacy Day

21st September: World Alzheimer's Day

29th September: World Heart Day

7th October: Jeans for Genes Day

10th October: World Mental Health Day

16th October: World Food Day

17th October – Child Poverty Day

30th October– Summer Time Ends

